HERO - Summer-Autumn 2025

WEEK 1		ne, 30th June, 21st July, 3rd Sep	ot, 22nd Sept and 13th Oct	
MONDAY	TUESDAY	WEDNESDAY	INUNSUAT	FRIDAY
Chicken Curry	Quorn Burger in a Bun	Roast Chicken	Pork Sausages	Battered Fish Fillet
All Day Breakfast (omelette, grilled tomato and beans)	Beany Seashell Pasta	Cheesy Spring Vegetable & Potato Bake	Sweet & Sour Quorn	Cheese & Tomato Pizza
Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Baked Beans
Tuna Roll	Cheese Spread Sandwich	Ham Roll	Cheese Roll	Egg Roll
		Halal Chicken		
W	FFK 2 - 28th April, 19th May,	16th June, 7th July, 8th Sept, 29	th Sept and 20th Oct	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Chicken Pie	Roast Beef	Beef Burger in a Bun	Salmon & Sweet Potato Fishcake
Bean & Cheese Slice Macaroni Cheese	Mild Mexican Bean Chilli	Veggie Sausages	Roasted Summer Veg Pasta	Cheese & Tomato Pizza
Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Baker Beans
Tuna Roll	Cheese Spread Sandwich	Ham Roll	Cheese Roll	Egg Roll
*		Halal Chicken		
	WEEK 3 - 6th May, 2nd Ju	ine, 23rd June, 14th July, 15th S	ept and 6th Oct	EDIDAY
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken & Sweetcorn Meatballs	Beef Bolognese	Roast Pork	Quorn Hot Dog	Fish Fillet Fingers
Breaded Bean & Vegetable Grill	Mild Sweet Potato & Chickpea Curry	Creamy Quorn & Sweetcorn Pasta Bake	Roasted Veg Lasagne	Cheese & Tomato Pizza
Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Bake Beans
Tuna Roll	Cheese Spread Sandwich	Ham Roll	Cheese Roll	Egg Roll
runa Ron		Halal Chicken		