

HERO - Winter/Spring Menu 2025-2026

WEEK 1 - 3rd Nov, 24 Nov, 15 Dec, 5 Jan, 26 Jan, 23 Feb and 16th Mar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Burger	Chicken Pie & Gravy	Roast Chicken with Stuffing & Gravy	Quorn Dipper Taco with Sweet Chilli Sauce (Ve)	Fish Fillet Fingers
Potato Frittata (v)	Swedish Style Plant-Based Meatballs (v)	Plant-Based Shepherds Pie (Ve)	Mac 'n' Cheese (V)	Margherita Pizza (v)
Cheesy Pasta (v)	Herby Tomato Pasta with cheese (v)	Cheesy Pasta (v)	Herby Tomato Pasta with cheese (v)	Pesto Pasta (v)
Jacket Potato with Baked Beans	Jacket Potato with Tuna Mayo	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Baked Beans
Cheese Roll	Cheese Roll	Ham Roll	Tuna Mayo Roll	Egg Mayo Roll
		Halal Chicken with Stuffing & Gravy		
Side Dish - Potato Wedges or Pasta	Side Dish - Mashed Potatoes or Pasta	Side Dish - Roast Potatoes or Pasta	Side Dish - Diced Potatoes or Herby Garlic Bread	Side Dish - Chips or Pasta

WEEK 2 - 10th Nov, 1st Dec, 12th Jan, 2nd Feb, 2nd Mar and 23rd Mar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Quorn Hotdog (v)	Pork Sausages & Gravy	Roast Beef & Gravy	Chicken Curry	Fish Fillet Fingers
Margherita Wrap (v)	Roasted Butternut Squash Curry (ve)	Roast Quorn Fillet (Ve) with stuffing & Gravy	Breaded Bean & Vegetable Grill (Ve)	Margherita Pizza (v)
Herby Tomato Pasta with cheese (v)	Cheesy Pasta (v)	Herby Tomato Pasta with cheese (v)	Cheesy Pasta (v)	Pesto Pasta (v)
Jacket Potato with Cheese & Beans	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Baked Beans
Egg Mayo Roll	Cheese Roll	Ham Roll	Tuna Mayo Roll	Egg Mayo Roll
		Halal Chicken with Stuffing & Gravy		
Side Dish - Potato Wedges or Pasta	Side Dish - Mashed Potatoes or Brown & White Rice	Side Dish - Roast Potatoes or Pasta	Side Dish - Brown & White Rice or Pasta	Side Dish - Chips or Pasta

WEEK 3 - 17th Nov, 8th Dec, 19th Jan, 9th Feb and 9th Mar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Bolognese	Breaded Chicken Katsu Curry	Roast Chicken with Stuffing & Gravy	Quorn Burger (v)	Battered Fish Fillet
Plant-Based Grill (ve)	Cheese Pinwheel (v)	Plant-Based Sausages & Gravy (Ve)	Vegetarian Lasagne (V)	Margherita Pizza (v)
Cheesy Pasta (v)	Herby Tomato Pasta with cheese (v)	Pesto Pasta (v)	Herby Tomato Pasta with cheese (v)	Cheesy Pasta (v)
Jacket Potato with Cheese & Beans	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Baked Beans
Tuna Mayo Roll	Cheese Roll	Ham Roll	Cheese Roll	Egg Mayo Roll
		Halal Chicken with Stuffing & Gravy		
Side Dish - Spaghetti or Potato Wedges	Side Dish - Brown & White Rice or Pasta	Side Dish - Roast Potatoes or Pasta	Side Dish - Diced Potatoes or Herby Garlic Bread	Side Dish - Chips or Pasta