HERO - Winter/Spring Menu 2025-2026

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WEEK 1 - 3rd Nov, 24 Nov, 15 Dec, 5 Jan, 26 Jan, 23 Feb and 16th Mar				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Burger	Chicken Pie & Gravy	Roast Chicken with Stuffing & Gravy	Quorn Dipper Taco with Sweet Chilli Sauce (Ve)	Fish Fillet Fingers
	Swedish Style Plant-	Plant-Based Shepherds		
Potato Frittata (v)	Based Meatballs (v) Herby Tomato Pasta with	Pie (Ve)	Mac 'n' Cheese (V) Herby Tomato Pasta with	Margherita Pizza (v)
Cheesy Pasta (v)	cheese (v)	Cheesy Pasta (v)	cheese (v)	Pesto Pasta (v)
Jacket Potato with Baked	Jacket Potato with Tuna	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Baked Beans
Beans	Mayo	Officese	Dealis	Deans
Cheese Roll	Cheese Roll	Ham Roll	Tuna Mayo Roll	Egg Mayo Roll
		Halal Chicken with Stuffing & Gravy		
		otaning a crary	Side Dish - Diced	
Side Dish - Potato	Side Dish - Mashed	Side Dish - Roast	Potatoes or Herby Garlic	Side Dish - Chips or
Wedges or Pasta	Potatoes or Pasta	Potatoes or Pasta	Bread	Pasta
WEEK 2 - 10th Nov, 1st Dec, 12th Jan, 2nd Feb, 2nd Mar and 23rd Mar				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Quorn Hotdog (v)	Pork Sausages & Gravy	Roast Beef & Gravy	Chicken Curry	Fish Fillet Fingers
Quom notagy (v)	Roasted Butternut	Roast Quorn Fillet (Ve)	Breaded Bean &	Trom meet ingolo
Margherita Wrap (v)	Squash Curry (ve)	with stuffing & Gravy	Vegetable Grill (Ve)	Margherita Pizza (v)
Herby Tomato Pasta with cheese (v)	Cheesy Pasta (v)	Herby Tomato Pasta with cheese (v)	Cheesy Pasta (v)	Pesto Pasta (v)
Jacket Potato with	Jacket Potato with Baked	Jacket Potato with	Jacket Potato with Baked	
Cheese & Beans	Beans	Cheese	Beans	Beans
Egg Mayo Roll	Cheese Roll	Ham Roll	Tuna Mayo Roll	Egg Mayo Roll
Lgg Mayo Non	CHOCCO I NO.	Halal Chicken with	,	33 ,
	CIL BIL M. L. I	Stuffing & Gravy		
Side Dish - Potato	Side Dish - Mashed Potatoes or Brown &	Side Dish - Roast	Side Dish - Brown &	Side Dish - Chips or
Wedges or Pasta	White Rice	Potatoes or Pasta	White Rice or Pasta	Pasta
WEEK 3 - 17th Nov, 8th Dec, 19th Jan, 9th Feb and 9th Mar				
MONDAY		lov, 8th Dec, 19th Jan, 9th WEDNESDAY	THURSDAY	FRIDAY
MONDAY	TUESDAY Breaded Chicken Katsu	Roast Chicken with	INUKSDAT	FRIDAT
Beef Bolognese	Curry	Stuffing & Gravy	Quorn Burger (v)	Battered Fish Fillet
Plant Raned Crill (va)	Cheese Pinwheel (v)	Plant-Based Sausages & Gravy (Ve)	Vegetarian Lasagne (V)	Margherita Pizza (v)
Plant-Based Grill (ve)	Herby Tomato Pasta with	Glavy (ve)	Herby Tomato Pasta with	Warghonta Fizza (V)
Cheesy Pasta (v)	cheese (v)	Pesto Pasta (v)	cheese (v)	Cheesy Pasta (v)
Jacket Potato with Cheese & Beans	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Baked Beans
Officese & Dearis	Doario			
Tuna Mayo Roll	Cheese Roll	Ham Roll	Cheese Roll	Egg Mayo Roll
		Halal Chicken with Stuffing & Gravy		1
			Side Dish - Diced	
Side Dish - Spaghetti or	Side Dish - Brown &	Side Dish - Roast	Potatoes or Herby Garlic	Side Dish - Chips or
Potato Wedges	White Rice or Pasta	Potatoes or Pasta	Bread	Pasta