



ADD-vance

The ADHD and Autism Trust



FREE ONLINE SUPPORT GROUPS FOR HERTS PARENTS/CARERS

ABOUT THE GROUPS

ADD-vance runs regular support groups which provide an opportunity for you to meet other local parents and discuss individual concerns with two specialist ADD-vance coaches. We welcome parents and carers who have a formal diagnosis for their child, as well as those who do not have a formal diagnosis but would like to learn more about neurodiversity.

TIME AND PLACE

General Primary Aged Children Support Group

Tues 9/1 & 06/2 - 1.30-2.30 pm

General Secondary Aged Children Support Group

Tues 16/1 & 13/2 - 1.30-2.30 pm

Parents/Carers of 16 to 24 yrs Support Group

Wed 24/1 - 7.30-8.30 pm

PDA Support Group

Tues 30/1 - 1.30-2.30 pm

ALL ONLINE VIA ZOOM

☎ 01727 833963

✉ herts@add-vance.org

🌐 <http://www.add-vance.org/>

Book your FREE ticket on <http://add-vance.eventbrite.com/> or
visit our website <http://www.add-vance.org/>

These groups are open to residents of Hertfordshire only